


Liberating Structures Cheat Sheet

Share
Reveal
Analyze
Help
Strategize
Plan

Wicked questions

Reveal



Analyze

20 min

What³ debrief



15-45 min

Min specs



20-50 min

Heard, seen respected




25 min

What I need from you



45-70 min

Integrated autonomy



60-80 min

Appreciative interviews

Share



Reveal

30-60 min

Discovery and action dialog




25-70 min

Improv prototyping



15-20 min per round

Drawing together



30-40 min

Open space




90 min to 3 days

Critical uncertainties




60-100 min

1-2-4-All



10-12 min

TRIZ



30-45 min

Shift & share



35-90 min

Helping heuristics



15 min

Design storyboards




25-70 min

Generative relationships



25 min

Ecocycle



Analyze

60-95 min


Strategize

Impromptu networking



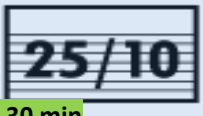
5-20 min

15% solutions



15-20 min

25 : 10 crowdsourcing



20-30 min

Conversation café



35-60 min

Celebrity interview




25-60 min

Agree/certainty matrix




30-45 min

Panarchy



1-2 hours


9-whys



5-20 min

Troika consulting

Reveal




Help

15-30 min

Wise crowds

Help



Reveal

10-60 min per person

User experience fishbowl



25-70 min

Social network webbing

Share



Help

45-60 min

Simple ethnography

Analyze



Reveal
























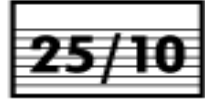











1-6 hours

Purpose to practice



25-120 min




Share or spread ideas, know how or experiences

<p>LS Menu</p> 	<p>Wicked questions</p> 	<p>What³ debrief</p> 	<p>Min specs</p> 	<p>Heard, seen respected</p> 	<p>What I need from you</p> 	<p>Integrated autonomy</p> 
<p>Design elements</p> 	<p>Appreciative interviews</p>  <p>30-60 min</p>	<p>Discovery and action dialog</p> 	<p>Improv prototyping</p> 	<p>Drawing together</p> 	<p>Open space</p> 	<p>Critical uncertainties</p> 
<p>1-2-4-All</p> 	<p>TRIZ</p> 	<p>Shift & share</p>  <p>35-90 min</p>	<p>Helping heuristics</p> 	<p>Design storyboards</p> 	<p>Generative relationships</p> 	<p>Ecocycle</p> 
<p>Impromptu networking</p>  <p>5-20 min</p>	<p>15% solutions</p> 	<p>25 : 10 crowdsourcing</p> 	<p>Conversation café</p>  <p>35-60 min</p>	<p>Celebrity interview</p>  <p>25-60 min</p>	<p>Agree/certainty matrix</p> 	<p>Panarchy</p> 
<p>9-whys</p> 	<p>Troika consulting</p> 	<p>Wise crowds</p> 	<p>User experience fishbowl</p>  <p>25-70 min</p>	<p>Social network webbing</p>  <p>45-60 min</p>	<p>Simple ethnography</p> 	<p>Purpose to practice</p> 

Reveal, generate or improve ideas or solutions

<p>LS Menu</p> 	<p>Wicked questions</p>  <p>20 min</p>	<p>What³ debrief</p> 	<p>Min specs</p> 	<p>Heard, seen respected</p> 	<p>What I need from you</p> 	<p>Integrated autonomy</p> 
<p>Design elements</p> 	<p>Appreciative interviews</p>  <p>30-60 min</p>	<p>Discovery and action dialog</p>  <p>25-70 min</p>	<p>Improv prototyping</p>  <p>15-20 min per round</p>	<p>Drawing together</p>  <p>30-40 min</p>	<p>Open space</p>  <p>90 min to 3 days</p>	<p>Critical uncertainties</p> 
<p>1-2-4-All</p>  <p>10-12 min</p>	<p>TRIZ</p>  <p>30-45 min</p>	<p>Shift & share</p> 	<p>Helping heuristics</p> 	<p>Design storyboards</p> 	<p>Generative relationships</p> 	<p>Ecocycle</p> 
<p>Impromptu networking</p> 	<p>15% solutions</p>  <p>15-20 min</p>	<p>25 : 10 crowdsourcing</p>  <p>20-30 min</p>	<p>Conversation café</p> 	<p>Celebrity interview</p> 	<p>Agree/certainty matrix</p> 	<p>Panarchy</p> 
<p>9-whys</p> 	<p>Troika consulting</p>  <p>15-30 min</p>	<p>Wise crowds</p>  <p>10-60 min per person</p>	<p>User experience fishbowl</p> 	<p>Social network webbing</p> 	<p>Simple ethnography</p>  <p>1-6 hours</p>	<p>Purpose to practice</p> 






















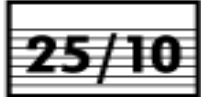











Analyze, diagnose or debrief

<p>LS Menu</p> 	<p>Wicked questions</p>  <p>20 min</p>	<p>What³ debrief</p>  <p>15-45 min</p>	<p>Min specs</p> 	<p>Heard, seen respected</p> 	<p>What I need from you</p> 	<p>Integrated autonomy</p> 
<p>Design elements</p> 	<p>Appreciative interviews</p> 	<p>Discovery and action dialog</p> 	<p>Improv prototyping</p> 	<p>Drawing together</p> 	<p>Open space</p> 	<p>Critical uncertainties</p> 
<p>1-2-4-All</p> 	<p>TRIZ</p> 	<p>Shift & share</p> 	<p>Helping heuristics</p> 	<p>Design storyboards</p> 	<p>Generative relationships</p>  <p>25 min</p>	<p>Ecocycle</p>  <p>60-95 min</p>
<p>Impromptu networking</p> 	<p>15% solutions</p> 	<p>25 : 10 crowdsourcing</p> 	<p>Conversation café</p> 	<p>Celebrity interview</p> 	<p>Agree/certainty matrix</p>  <p>30-45 min</p>	<p>Panarchy</p> 
<p>9-whys</p>  <p>5-20 min</p>	<p>Troika consulting</p> 	<p>Wise crowds</p> 	<p>User experience fishbowl</p> 	<p>Social network webbing</p> 	<p>Simple ethnography</p>  <p>1-6 hours</p>	<p>Purpose to practice</p> 

Get help or give help

<p>LS Menu</p> 	<p>Wicked questions</p> 	<p>What³ debrief</p> 	<p>Min specs</p> 	<p>Heard, seen respected</p>  <p>25 min</p>	<p>What I need from you</p>  <p>45-70 min</p>	<p>Integrated autonomy</p> 
<p>Design elements</p> 	<p>Appreciative interviews</p> 	<p>Discovery and action dialog</p> 	<p>Improv prototyping</p> 	<p>Drawing together</p> 	<p>Open space</p> 	<p>Critical uncertainties</p> 
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<p>9-whys</p> 	<p>Troika consulting</p>  <p>15-30 min</p>	<p>Wise crowds</p>  <p>10-60 min per person</p>	<p>User experience fishbowl</p> 	<p>Social network webbing</p>  <p>45-60 min</p>	<p>Simple ethnography</p> 	<p>Purpose to practice</p> 

Strategize

<p>LS Menu</p> 	<p>Wicked questions</p> 	<p>What³ debrief</p> 	<p>Min specs</p>  <p>20-50 min</p>	<p>Heard, seen respected</p> 	<p>What I need from you</p> 	<p>Integrated autonomy</p>  <p>60-80 min</p>
<p>Design elements</p> 	<p>Appreciative interviews</p> 	<p>Discovery and action dialog</p> 	<p>Improv prototyping</p> 	<p>Drawing together</p> 	<p>Open space</p> 	<p>Critical uncertainties</p>  <p>60-100 min</p>
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<p>9-whys</p> 	<p>Troika consulting</p> 	<p>Wise crowds</p> 	<p>User experience fishbowl</p> 	<p>Social network webbing</p> 	<p>Simple ethnography</p> 	<p>Purpose to practice</p> 

Plan

<p>LS Menu</p> 	<p>Wicked questions</p> 	<p>What³ debrief</p> 	<p>Min specs</p> 	<p>Heard, seen respected</p> 	<p>What I need from you</p> 	<p>Integrated autonomy</p> 
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